



The Original SwaddleMe[®] adjustable infant wrap

Swaddling Simplified!



- 1 Align baby's shoulders with top of open wrap. Tuck legs inside leg pocket then open tab at top of leg pocket.



- 2 Wrap left wing over baby's torso and tuck under baby's opposite arm. Secure tab to top of leg pocket.



- 3 Place right wing over left and secure opened tabs to fabric patch on left wing. Wings should be snug over baby's chest. **Always place babies on their backs to sleep.**